

Polar Camping Extravaganza 2009

The Polar football team will be taking their second annual trek into the wilderness to start the 2008 season. *All returning football players 10th, 11th and 12th grade football players are encouraged to attend.* We have rented the Norway Point Group Center at St. Croix State Park near Hinckley, MN. **This is not a “boot camp” style camping trip.** The primary goals of this trip are to develop team unity and to have fun.

Attached to this letter is a permission slip as well as a medical emergency card. Please return these two items to Coach Longtin.

General Information

Destination: St. Croix State Park – Hinckley, MN

Dates of trip: Depart: Tuesday July 14, 2009 12:00 PM
Return: Thursday July 16, 2009 Approx. 1:00

Cost: \$50

The cost should not be a factor in whether to go or not. If you have trouble paying, please see Coach Longtin regarding this matter.

Emergency Contact Number: 651-343-4762 (Coach Longtin)
320-384-6591 (St. Croix State Park)
320-384-6903 (Camp Facilities) – keep calling

EXTREME EMERGENCY
320-629-8380 (PINE COUNTY SHERIFF)

Supervisor: Eric Longtin
Accompanying Staff: North High Football Coaches
Mode of transportation: School Bus
Amount of Spending Money needed: \$10 (Optional)

Items to bring:	<u>Required</u>	<u>Optional</u>
	Clothes for 3 days	Swimsuit
	Sleeping Bag/Pillow	Fishing Gear
	(Beds are provided, No Linens)	
	Mosquito Repellant LOTS	Camping Gear
	Walking shoes	Lantern
	Personal Hygiene Items	Flashlight
	(deodorant, toothbrush, soap ect.)	Lawn Chair
	Towel	Sunscreen
	Water Bottle	Disposable Camera

** Personal Stereos, IPODS, MP3 Players, Cell Phones, and any other non-necessary electronic items will be confiscated and held by camp staff for the entire trip including the bus ride. If you cannot make it 3 days without these, **DO NOT GO. Leave these items at home!**

“POLAR EXTRAVAGANZA”

Itinerary

Tuesday July 14

10:30 AM Start Loading Busses
12:00 PM Depart North High School
3:00 PM Check- in at St. Croix St. Park
3:00-5:00 Team Activity TBA
5:30 Supper
7:00- 9:00 Recreation: a) swimming or b) relaxing @ camp
9:00 – 12:00 Camp fire – Coaches talk (not all 3 hours)
12:00 Lights out

Wednesday, July 16

8:00 Wake up calls start
8:00 – 9:00 Breakfast
9:30 – 11:30 Group Activity TBA
11:30 – 12:30 Lunch
12:30 -3:30 Group Activities TBA
5:00 Supper
7:00 – 9:00 Group Activity TBA
9:00 – 12:00 Campfire – Seniors Talk
12:00 Lights out

Thursday, July 17

9:00 Wake up calls start
9:00 – 10:00 Breakfast
10:00 –12:00 Break Camp
12:00 Depart for North High School
2:00 Approximate arrival at NHS

Permission Slip & Medical Consent

_____, my son has permission to attend the North High School Football team camping trip on July 14, 15, & 16. I understand that this is an extra-curricular school function and all North High School and School District 622 code of conduct guidelines apply.

I AUTHORIZE THE North High Football Staff TO ACT FOR ME IN THE EVENT THAT I CAN NOT BE CONTACTED TO OBTAIN WHATEVER MEDICAL TREATMENT THE STAFF, IN ITS BEST JUDGEMENT DEEMS NECESSARY AND APPROPRIATE. I specifically, consent to such treatment including, but not limited to, hospitalization and surgery and will be responsible for any medical or other charges in connection with attendance at the camp.

I furthermore agree to provide immediate transportation home for my son in the event that he fails to follow District 622 conduct guidelines.

Parent Signature

Parent Name Printed

Contact Number – Parent

Additional Contact Number

Health Insurance Company

Insurance Policy Numbers

Allergies - If none check here

Medications taken – If none check here